



eliminating racism
empowering women
ywca

REFINE AND REFRESH YOUR STROKES

Porpoise Club SPRING SEASON 2021

Swimmers will improve stroke technique, starts, turns, and endurance in a non-competitive atmosphere. Participants must be able to swim the length of the pool front and back crawl without the use of a floatation device or have completed stage 4.

WHEN: May 3rd— June 2nd
Monday / Wednesday Nights

TIME: 5:30 - 6:30 p.m.

COST: \$45/Members
\$90/participants

CONTACT: SHELLEY LECHNIR, HEAD COACH
Shelley.lechnir@ymca-ywca.org
641.752.8658

Limit : 30 swimmers
Registration begins April 19th , 2021

