



Outdoor Summer Boot Camp is going on NOW! Led by instructors Kate B. and Alex V., this class includes cardio and strength training with a boot camp feel. It's a fun total body challenge for any fitness level. Join us Saturdays, 8:30-9:30am. Class will meet outside on the grassy area between the Horne-Henry Center and Cultural Center. This group exercise class is included with Y membership; non-members may purchase a day pass to attend.

**In case of inclement weather, class will NOT be held.

**Class will NOT meet on July 3rd and July 24th.



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