



eliminating racism  
empowering women  
**ywca**

# September 2020 Schedule CrossFit 641 YMCA-YWCA Cultural Center Building

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha 630-730p Curt C	<b>2</b> 5-6a Holly 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630p Lisa	<b>3</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha	<b>4</b> 5-6a Alex 830-930a Alex 12-1p Ashley	<b>5</b> 9-10a Curt C
<b>6</b>	<b>7</b> <b>HAPPY LABOR DAY</b>	<b>8</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha 630-730p Curt C	<b>9</b> 5-6a Alex 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630p Lisa	<b>10</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha	<b>11</b> 5-6a Alex 830-930a Alex 12-1p Ashley	<b>12</b> 9-10a Alex
<b>13</b>	<b>14</b> 5-6a Alex 830-930a Alex 930-1030 Curt C 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630Tabatha	<b>15</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630p Holly	<b>16</b> 5-6a Holly 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630p Lisa 630-730p Curt C	<b>17</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha	<b>18</b> 5-6a Alex 830-930a Alex 12-1p Ashley	<b>19</b> <b>FESTIVUS GAMES</b>
<b>20</b>	<b>21</b> 5-6a Alex 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630Tabatha	<b>22</b> 5-6a Mindy 830-930a Alex 930-1030 Curt C 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha 630-730p Curt C	<b>23</b> 5-6a Holly 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630p Lisa	<b>24</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630Tabatha	<b>25</b> 5-6a Alex 830-930a Alex 12-1p Ashley	<b>26</b> 9-10a Peyton
<b>27</b>	<b>28</b> 5-6a Alex 830-930a Alex 930-1030 Curt C 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630Tabatha	<b>29</b> 5-6a Mindy 830-930a Alex 12-1p Alex 415-515 CF KIDS Alex 530-630p Holly 630-730p Curt C	<b>30</b> 5-6a Holly 830-930a Alex 12-1p Alex 1-2p OPEN GYM Curt 415-515 CF KIDS Alex 530-630p Lisa			