

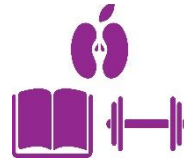


FAMILY HUDDLE

Keeping It Simple

- Make paper airplanes with your kids.
- Encourage your kids to decorate their planes and make them their own.
- See whose plane can fly the farthest. To keep the fun going, make it best out of five test flights.

Get step-by-step instructions for making paper airplanes at diynetwork.com/made-and-remade



HEALTHY SPIRIT, MIND, AND BODY

Fitness Egg Hunt!

- Write various exercises on slips of paper, for example, jumping jacks, squats, push-ups, lunges, etc.
- Put each slip of paper in a plastic Easter egg.
- Write a number from 1 to 10 on each egg.
- Hide the eggs and go on a hunt!
- When you open each egg, do the exercise written on the paper inside the egg for the number of times written on the egg.



MORE ACTIVITY, MORE FUN

Freeze Dance

- Choose someone to be the DJ.
- Turn on your favorite radio station or playlist.
- When the DJ stops the music, everyone freezes until the music plays again.
- If you move, you're out!
- The last one in wins the round and gets to be the DJ for the next round.



HOMEWORK HELPER

Type Away

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- gamified,
- customizable,
- available in both English and Spanish.

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