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ywca

A CHANCE TO DANCE



RHYTHM WORKS INTEGRATIVE DANCE MARSHALLTOWN YMCA-YWCA SCHOOL OF DANCE

A Chance to Dance is a rhythm and dance program designed for those with individual learning differences and other special needs. This clinically based hip hop dance program utilizes sensory processing, kinesiology, and behavioral analysis as a foundation to build customizable classes. A Chance to Dance focuses on skill development, self empowerment and celebrating our differences.

Curriculum

Miss Kimi Kups-Benson, a certified RHYTHM WORKS Integrative Dance instructor will lead all classes, following a curriculum that is completely customizable to fit the needs of each student and is appropriate for boys and girls ages 4 through adult of all ability levels. The program requires a parent, therapist, sibling or friend to accompany for FREE as the student's buddy. This person should be able to assist the student to ensure that classes run smoothly.

Schedule & Cost

A Chance to Dance is offered in 10-class sessions that offers individual and group classes. If needed, individual classes will be scheduled with the instructor to comfortably introduce dancers to the program and allow a smooth transition to group classes. Students should wear clothes/shoes that are comfortable for movement.

Session Dates:

Ages 4-12: Mondays 6:30-7 p.m.

*November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20

Ages 12-Adult: Thursdays 7-7:30 p.m.

*November 7, 14, 21 December 5, 12, 19 January 9, 16, February 6, 13

Ten-class session: \$ 180 due at registration

Registration

To request a registration packet, contact Ashley Nelson at (641)752-8658 or ashley.nelson@ymca-ywca.org. For questions regarding students or to set up individual classes, contact Kimi Kups-Benson at kimi.kups-benson@ymca-ywca.org.



Integrative Dance