

## WELCOME TO Y PRESCHOOL!

Y Preschool is a full day early learning program. Students receive daily preschool instruction as well extended learning and enrichment opportunities. Child-initiated play experiences give young children the opportunity to explore and practice motor, cognitive, communication and social skills.

## VALUES AND GOALS

Y Preschool will provide a high quality, developmentally appropriate early learning program for children by:

- Facilitating learning through play in large group, small group and individualized instruction
- Using curriculums that are continually developed and revised to ensure a variety of developmentally appropriate experiences
- Providing a child centered program that evolves from the interests of the children as well as planned and implemented units
- Providing an environment for exploring and experimenting



## REGISTRATION AND FEES

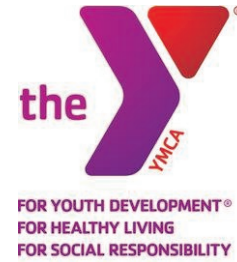
- All participants must pay a one-time \$35 Registration Fee.
- Three Year Old Preschool: \$105/week  
7:15-3:30 p.m.  
\*Must be 3 years old by August 1
- Four Year Old Preschool: \*\$80/week  
7:15-3:30 p.m.  
\*Must be 4 years old by September 15
- Fit Kids After School Care: \$8/day  
3:30-5:30 p.m.
- Payments must be scheduled to draft through direct debit/credit or bank account.

## QUESTIONS?

Please contact  
**Ashley Nelson**  
Youth Director  
641 752 8658  
[ashley.nelson@ymca-ywca.org](mailto:ashley.nelson@ymca-ywca.org)

**MARSHALLTOWN YMCA-YWCA**  
108 Washington Street  
Marshalltown IA 50158  
641 752 8658

[www.ymca-ywca.org](http://www.ymca-ywca.org)



eliminating racism  
empowering women  
**ywca**

# LEARN TOGETHER PLAY TOGETHER

**Y PRESCHOOL**

**MARSHALLTOWN YMCA-YWCA**



## DAILY SCHEDULE

7:15-8:30 **ARRIVAL** Playground/Gym

**PLEASE ARRIVE BY 8:30 A.M.**

8:30-8:45 **TRANSITION** Clean Up/Restrooms

8:45-9:00 **MORNING SNACK**

9:00-9:15 **TRANSITION**

9:00-12:00 **THREE YEAR OLD PRESCHOOL**

9:00-12:00 **FOUR YEAR OLD PRESCHOOL**

12:00-12:15 **TRANSITION** Lunch Prep

12:00-1:00 **LUNCH**

1:00-1:15 **TRANSITION** Restrooms/ Rest Prep

1:00-2:30 **REST TIME**

2:30-2:45 **TRANSITION** Snack Prep

2:45-3:00 **SNACK**

3:00-3:30 **DAILY REVIEW** \*3:30 PICK UP

**SWIMMING OR FITNESS  
CLASSES EACH WEEK!**

### FIT KIDS: AFTER SCHOOL CARE

3:30-4:00 **PLAYGROUND**

4:00-4:15 **SNACK**

4:15-4:45 **CENTER PLAY**

4:45-5:15 **GYM PLAY**

5:15-5:30 **IMAGINATIVE  
PLAY**



## CURRICULUM

### THE CREATIVE CURRICULUM FOR PRESCHOOL

Creative Curriculum guides teachers in designing a program that includes how children develop and learn, the learning environment, what children learn and the teacher's role. The curriculum includes six areas of development:

- Physical Well Being & Motor Development
- Approaches Toward Learning
- Social & Emotional Development
- Communication, Language & Literacy
- Mathematics & Science
- Creative Arts

Interest areas include: Blocks, Dramatic Play, Toys & Games, Art, Library, Discovery, Sand & Water, and Outdoors.



### TEACHING STRATEGIES GOLD

Teaching Strategies GOLD is an observation-based assessment system for children birth through kindergarten. GOLD enables teachers to focus on the knowledge, skills and behaviors most predictive of school success. The tool has a total of 38 objectives that are organized into areas of development and content-area learning.

- Social-Emotional
- Physical
- Language
- Cognitive
- Literacy
- Mathematics
- Science and Technology
- The Arts

### ZOO-PHONICS

Zoo-Phonics is a method developed to make children strong readers and spellers using a phono, oral, visual, kinesthetic, and tactile-whole brain approach. Zoo-phonics uses animals drawn in the shape of letters. A related movement is given for each letter. This approach cements the sounds to the shapes of the letters. Lowercase letters and their sounds are taught first, followed by capital letters and names.

## RED AND GREEN CHOICES

Red and Green Choices sets reasonable and achievable behavioral standards, then teaches students to choose acceptable green solutions to situations. The strategy promotes talking about, writing words and drawing pictures of green choice behavioral solutions to responses as they occur, in green. The same is promoted for unacceptable red responses to stimuli, in red. Red and Green Choices provides immediate feedback to undesired responses as they occur then encourages practicing the opposite green choice behavior until it is learned or developed.



## STAFF

Y Preschool is licensed by the Department of Human Services and follows The Iowa Quality Preschool Program Standards.

Lead teachers must have a Bachelor's or Associate's Degree specializing in Early Childhood Education or Child Development. Assistant Teachers must be working towards a degree in related coursework. All other assistants must be high school graduates.

Three Year Old Preschool maintains a ratio of 1:8 with a full time lead teacher and an assistant teacher.

Four Year Old Preschool maintains a ratio of 1:10 with a full time lead teacher and an assistant teacher.

Fit Kids After School Care maintains a ratio of 1:10 with 2 part time assistants.

**Y PRESCHOOL STAFF OFFER OVER  
40 YEARS OF COMBINED  
PRESCHOOL EXPERIENCE AND  
NEARLY 400 TRAINING HOURS!**