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**ywca**

# BE A LEADER BE A LIFEGUARD

## AQUATICS DEPARTMENT Lifeguard Certification Course MARSHALLTOWN YMCA-YWCA

Class covers the skills and knowledge to prevent and respond to aquatic emergencies. Class will certify in the following: Red Cross Lifeguarding, CPR for the Professional Rescuer, First Aid, Blood Borne Pathogens, and AED. Student must attend entire class, as well as pass written and skills test to receive certification. Contact Shelley Lechnir, Aquatics Director for more details.

### Prerequisites

Participants should be at least 15 years old by the last day of class, and must be able to swim 300 yards, show proficiency in front crawl and breast stroke, surface dive to the bottom of the lap pool, and tread water.

**Please contact Shelley Lechnir to get online portion of the class, that must be completed prior to the first night or you will not be allowed in class.**

### Class Date

**100% attendance required!**

Thursday, December 27th, 10 a.m.—6 p.m.

Friday, December 28th, 10 a.m.—6 p.m.

Saturday, December 29th 8 a.m.—6 p.m.

### Registration

Available at the service desk.

All inclusive cost is \$165.

**will be paid for by YMCA after 6 mo. of employment**

Immediate positions available for lifeguarding. Gain leadership/life skills, advancement opportunities, flexible hours, amazing teammates! Plus a FREE Y membership!

### MARSHALLTOWN YMCA-YWCA

108 Washington St, Marshalltown IA 50158

P 641 752 8658 [www.ymca-ywca.org](http://www.ymca-ywca.org)

